



Appointment Reminders

Reminders are sent by e-mail 2 days prior to your scheduled appointment. If you would like an additional text message reminder 1 day before your appointment, please fill out the following information.

Child's name _____

Cell phone number _____

Cell phone CARRIER _____ Verizon, AT&T, Sprint (please specify Nextel or PCS), etc.

You can request that additional reminders be sent to other e-mails or cell numbers, such as a nanny or caregiver. Please include the information for those additional contacts below.